Additional Services

Your organization’s next step toward a robust wellness program

Your employee wellness program may need to take the next step toward a more robust program. To assist you in that direction you may choose one or more of the following fee-based services to implement at your organization:

Customized Wellness Website
An employee who is educated about their own healthcare options is one of your most valuable assets. A dedicated wellness site makes it possible for your employees to access at any time up-to-date wellness information that will educate and inform them on various wellness topics. The website can be tailored to your organization’s needs.

Wellness Campaigns
J.W. Terrill can coordinate programs such as a pedometer walking campaign and weight loss challenges for your company. Several turn-key programs are available. This option is for organizations that do not have a dedicated wellness person to oversee the campaign. A J.W. Terrill Wellness Consultant will come on-site to run the program for your organization.

Premium Wellness Package
J.W. Terrill has partnered with various wellness vendors to provide a very comprehensive, population-based wellness platform. Included in this program are behavior change campaigns, wellness webinars, monthly wellness activities and a wellness activity tracker for the employer.

Incentive Programs
J.W. Terrill has partnered with a 3rd party wellness vendor that provides the administration and expertise you need to offer an outcomes-based wellness program. The vendor specializes in developing flexible, HIPAA-compliant corporate wellness programs that give employees financial rewards for achieving healthy outcomes.

Smoking Cessation Program
Helping employees quit smoking is a priority. J.W. Terrill Wellness Consultants has a trained American Lung Association Facilitator to teach their Freedom From Smoking® class. Freedom from Smoking® is America’s gold standard smoking cessation program for over 25 years. The program includes eight on-site interactive sessions that teach participants how to overcome their tobacco addiction so they can enjoy the benefits of better health.

Ask your J.W. Terrill representative how we can help your company increase productivity, improve morale, and reduce medical costs—resulting in a stronger bottom line.

When your employees are healthy, so is your bottom line.

Research consistently demonstrates that healthy employees are absent less often, have higher morale, are more productive and have lower health care costs - resulting in a better bottom line for your organization and a higher level of customer satisfaction.

Guiding your organization every step of the way, J.W. Terrill will provide direction and coordination of efforts to assist in the development of a wellness program, tailored to your organization’s specific needs. Our dedicated wellness staff assists our clients with the development, implementation and execution of wellness programs and initiatives.

The benefits of corporate wellness are well documented. More than 120 research studies repeatedly show themes such as improvements in health outcomes coupled with high returns on investment (ROI). Some major findings include the following:

- Productivity losses related to personal and family health problems cost U.S. employers $1,685 per employee per year, or $225.8 billion annually.
- The cost of obesity, including medical expenditures and absenteeism, for a company with 1,000 employees is estimated to be $277,000 per year.
- ROI ranges from about $1.40 to $4.70 for every dollar invested in wellness programs.

Not only can a wellness program help an employer with their bottom line, but by providing employees with these services, companies are improving wellbeing and job satisfaction, as well as raising retention rates. The welfare of your employees has a direct impact on the success of your company.

J.W. Terrill Wellness Consulting offers wellness initiatives designed to suit the unique needs of your organization and your employees. We understand that wellness is a process. It begins on many different levels. Whether wellness is new to your organization or you are looking for a new course of action, our Wellness Consultants are available to assist.

Sources:
J.W. Terrill Seminar Series
Providing our clients with information on wellness programs and improving upon wellness initiatives is just one way we provide added value to the products and services we offer.

While there are several methods for delivering information, we’ve learned that the seminar format is a powerful way to share our expertise with others.

Seminar topics include:
- Smoking Cessation
- Cost Neutral Wellness
- Building the Business Case for Wellness

Health Risk Assessment Support
Our wellness team will help you coordinate a Health Risk Assessment of your employees to gather vital data about your employee population. This data can be used to further develop and target wellness initiatives at your organization.

Community Resources
J.W. Terrill will actively investigate and facilitate the engagement of a variety of community resources available to deliver the identified wellness initiatives.

On-site Educational Seminars
On-site seminars can be offered during the employees’ lunch or anytime during the work day. They are a quick & easy way to help keep your employees motivated and give them tools they can use to implement healthy changes in their lives.

Wellness Committee Meetings
J.W. Terrill Wellness Consultants are available to meet with your wellness committee to assist them in mapping out a tailored wellness program.

Health Fair Support
J.W. Terrill Wellness Consultants will help you coordinate an employee health fair at your worksite. We also provide onsite support to ensure a successful health fair.

Carrier Facilitation
Because of our outstanding carrier relationships we can assist you in leveraging resources from your carrier.

Do You Know Your Numbers?
Core Services
Access to expert advice on various wellness topics
Clients of J.W. Terrill have direct access to our dedicated Wellness Consultant Staff. We offer expert advice on starting a wellness program in your organization or supplementing an existing program.

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To assist our clients with their wellness initiatives, J.W. Terrill Wellness Consultants have developed a box of Wellness, a collection of tools needed to begin or enhance your organization’s wellness program.

What’s in the Box?
- Employee Interest Survey
- Health Fair Checklist
- A Wellness Road Map
- Weekly Correspondence
- Wellness Resources Booklet
- Sample Wellness Program
- “Know Your Numbers” brochure
- Wellness Pledge & Incentive Program

A J.W. Terrill Wellness Consultant is available to guide you in the use of these materials.

a box of Wellness
Programs and materials to aid you with your wellness initiatives
Productivity losses related to personal and family health problems cost The cost of obesity, including medical expenditures and absenteeism, for ROI ranges from about $1.40 to $4.70 for every dollar invested in wellness -

Certified Health Coaching J.W. Terrill can provide a Certified Health Coach™ who can meet one-on-one with your employees to discuss various wellness topics. Health coaching is a method of guiding employees to address their health and, if need be, make behavioral changes to improve their health as directed by their healthcare provider.

Like traditional coaching, health coaches utilize goal setting, obstacle identification, and use of personal support systems as they focus on the overall health outcome goals as defined by the employee's healthcare provider.

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